Make Your Own P 23

Treats





STEP BY STEP

INGREDIENTS



- 1 cup of oat flour
- 1 ripe banana, mashed
- 1/4 cup of unsweetended applesauce
- 1/4 cup of carrot, finely grated
- 1/4 cup of water

INSTRUCTIONS



- Preheat Oven: Heat oven to 350°F (175°C)
- Prepare Ingredients: Mash banana / grate carrot
- Mix Dry Ingredients: Combine oat flour & carrot
- Add Wet Ingredients: Add banana & applesauce; add water to form dough
- Roll Out Dough: Roll to 1/4-inch thick
- Cut Shapes: Cut into small, snack sized shapes
- Place on Baking Sheet: Put on parchment lined sheet
- Bake: Bake for 20-25 minutes until golden
- Cool Down: Let them cool on wire rack
- Store: Keep in an airtight container in the fridge for a week, or freeze

CAUTION



- These treats are snacks, not a diet replacement
- Introduce the treats gradually and watch for any upset or allergic reactions
- Consult with a Vet if unsure about ingredient safety for your specific Pet



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